# **CRISIS COUNSELING (CRIS)**

#### CRIS 302 Foundational Principles of Crisis Response 3 Credit Hour(s) Resident Prerequisite: PSYC 101 or PSYC 210

A general overview and analysis of the theoretical concepts of crisis response, critical incidents and grief and will cover intervention models, effects of critical incident stress. The course will cover the historical background of the discipline and scope of crisis response. **Offered:** Online

#### CRIS 303 Acute Stress, Grief and Trauma 3 Credit Hour(s) Resident Prerequisite: CRIS 302

A general overview and analysis of the impact and consequences of acute stress on victims, first responders, families, and community members. Particular attention is paid to effective counseling strategies, methods and techniques for immediate response, fostering resiliency, and cultural differences.

Offered: Online

#### CRIS 304 PTSD and Combat-Related Trauma 3 Credit Hour(s) Resident Prerequisite: CRIS 302

An examination and analysis of the causes, symptoms and treatments of PTSD and Combat-related PTSD, taking into account the latest research in the field and examining the affective, behavioral, cognitive and spiritual challenges faced by survivors.

Offered: Online

#### CRIS 305 Trauma Assessment and Interventions 3 Credit Hour(s) Resident Prerequisite: CRIS 302

This course will examine in depth the causes, symptoms and treatments of both trauma-related and "normal" relations to exceptional violence, taking into account the latest research in the field and examining the affective, behavioral, cognitive and spiritual challenges faced by survivors. Included, among others, will be community, military and church-based responses to such events as crime, school and workplace violence, domestic violence, motor vehicle accidents, and sexual assault. **Registration Restrictions:** Advanced undergraduate standing, as indicated by having completed a minimum of 18 hours of Psychology courses

Offered: Online

## CRIS 306 Complex Trauma and Disasters: Offering Spiritual Care 3 Credit Hour(s)

### Resident Prerequisite: CRIS 302

This course will examine the role of faith-based organizations, faith communities, and pastors and clergy in the care of emotional and spiritual health in individuals, communities, and organizations following trauma and disaster. Specifically, topics will include the life cycle of a disaster, exclusive types of trauma and disasters, models of response for faith-based communities, collaborative efforts between mental health professionals and faith-based services, and other salient factors for effective emotional and spiritual care.

Offered: Online