

# CHRISTIAN COUNSELING (CCOU)

---

**CCOU 201 Introduction to Christian Counseling 3 Credit Hour(s)**

This course serves as an introduction to biblical counseling and helping ministry with special attention given to tough issues that pain today's generations, the modern-day search for answers, and the biblical basis for a counseling ministry.

**Offered:** Online

**CCOU 202 Issues of Christian Counseling 3 Credit Hour(s)**

This course provides the framework to the structure and issues surrounding biblical counseling and helping ministries. Special attention will be given to the dealing with spiritual warfare, "brief therapy" model of counseling, life transitions, and crisis care.

**Offered:** Online

**CCOU 301 Christian Counseling for Marriage and Family 3 Credit Hour(s)**

A broad overview of the dynamics of marriage and family relationships set the foundation of this course. Exploring structure, functionality, systems and how they should be addressed in counseling situations provide the framework for counseling this population group.

**Offered:** Online

**CCOU 302 Christian Counseling for Children 3 Credit Hour(s)**

This course introduces the student to the challenges, developmental milestones, and crises that are a part of successfully navigating the span of years from childhood through adolescence. It further prepares the student to engage and retain the theories and techniques necessary for assisting children and adolescents with these challenges on their way to a healthy lifestyle.

**Offered:** Online

**CCOU 304 Christian Counseling for Women 3 Credit Hour(s)**

This course examines common issues as it relates to counseling women. It explores the biblical perspectives and developmental/ cultural situations that will help prepare the student to engage in counseling to this population group.

**Offered:** Online

**CCOU 305 Issues in Human Sexuality 3 Credit Hour(s)**

This course provides a panorama of sexual challenges that men and women are currently experiencing, as well as the results of a national report on the sexuality of Christian men and women. This vibrant and fascinating study enables students to gain a better understanding of the complexities and fundamental differences of male and female sexuality and marital intimacy in contrast to cultural myths and distortions.

**Offered:** Online