

PUBLIC HEALTH (B.S.) - NUTRITION - RESIDENT

Important: This degree plan is effective for those starting this degree program in fall 2024 through summer 2025. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

General Education/Foundational Skills Requirements

Code	Title	Hours
Communication & Information Literacy ¹		
ENGL 101	Composition and Rhetoric	3
	Communications Elective	3
	Information Literacy Elective	3
	Information Literacy Elective	3
Technological Solutions & Quantitative Reasoning ¹		
UNIV 101	Foundational Skills	1
	Math Elective MATH 114 or higher ²	3
	Technology Competency ³	0-3
Critical Thinking ¹		
RLGN 105	Introduction to Biblical Worldview ⁴	2
	Critical Thinking Elective	3
Civic & Global Engagement ¹		
EVAN 101	Evangelism and the Christian Life ⁴	2
	Cultural Studies Elective	3
Social & Scientific Inquiry ¹		
	Natural Science Elective	3
	Social Science Elective ⁵	3
Christianity & Contexts ¹		
BIBL 105	Old Testament Survey	2
BIBL 110	New Testament Survey	2
THEO 201	Theology Survey I ⁴	2
THEO 202	Theology Survey II ⁴	2
Total Hours		40-43

¹ Refer to the list of approved general education electives before enrolling in foundational skill requirements

² MATH 201 is strongly recommended

³ All students must pass the Computer Assessment OR complete applicable INFT course

⁴ Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 and EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 and THEO 202 waived

⁵ PSYC 101 is strongly recommended

Major Requirements

Code	Title	Hours
Major Foundational Courses		
BIOL 203	Introductory Microbiology ¹	4
BIOL 213	Human Anatomy and Physiology I ^{1,2}	3

Code	Title	Hours
BIOL 214	Human Anatomy and Physiology I Lab ^{1,2}	1
BIOL 215	Human Anatomy and Physiology II ^{1,2}	3
BIOL 216	Human Anatomy and Physiology II Lab ^{1,2}	1
HLTH 216	Personal Health ¹	3
MATH 201	Introduction to Probability and Statistics ¹	3
Total Hours		18

¹ Course may fulfill select general education requirements

² Minimum grade of "C" required

Code	Title	Hours
Major Core		
CRST 290	History of Life	3
HLTH 301	Foundations of Public Health	3
HLTH 350	Introduction to Public and Community Health	3
HLTH 370	Introduction to Environmental Hazards and Response	3
HLTH 420	Principles of Behavior Change and Health Counseling	3
HLTH 444	Principles of Epidemiology and Biostatistics	3
HLTH 453	Program Planning and Evaluation in Health Education	3
NURS 105	Medical Terminology	1
Total Hours		22

Code	Title	Hours
Concentration		
CHEM 107	Essentials of General and Organic Chemistry	4
HLTH 252	Drugs in Society	3
HLTH 330	Human Nutrition	3
HLTH 332	Principles of Food Preparation	4
HLTH 332L	Principles of Food Preparation Lab	0
HLTH 334	Nutrition Through the Life Cycle	3
HLTH 430	Community Nutrition	3
HLTH 432	Preventative Nutrition	3
HLTH 488	Chronic and Infectious Diseases	3
HLTH 496	Special Topics in Nutrition	3
HLTH 498	Public Health Senior Seminar	3
or HLTH 499	Professional Internship in Health Promotion	
Total Hours		32

Code	Title	Hours
Free Electives		
	Choose 1-18 credit hours of Free Electives	1-18
Total Hours		1-18

All applicable prerequisites must be met

Graduation Requirements

- 120 Total hours
- 2.0 Overall grade point average
- 30 Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major

- **50%** Of major and concentration taken through Liberty University
- **30 Hours** must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- **CSEER** All requirements must be satisfied before a degree will be awarded

Course Sequence

Course	Title	Hours
First Year		
First Semester		
BIBL 105	Old Testament Survey	2
ENGL 101	Composition and Rhetoric	3
INQR 101	Inquiry	1
UNIV 101	Foundational Skills	1
Information Literacy Elective (HLTH 216) ¹		3
Natural Science Elective (BIOL 213/BIOL 214) ¹		4
NURS 105	Medical Terminology	1
CSEER		0
Hours		15
Second Semester		
BIBL 110	New Testament Survey	2
BIOL 215	Human Anatomy and Physiology II	3
BIOL 216	Human Anatomy and Physiology II Lab	1
RLGN 105	Introduction to Biblical Worldview	2
Communications Elective ¹		3
Information Literacy Elective ¹		3
Technology Competency ²		0-3
CSEER		0
Hours		14-17
Second Year		
First Semester		
RSCH 201	Research	3
THEO 201	Theology Survey I	2
Math Elective (MATH 201) ¹		3
HLTH 252	Drugs in Society	3
HLTH 301	Foundations of Public Health	3
CSEER		0
Hours		14
Second Semester		
Critical Thinking Elective ¹		3
THEO 202	Theology Survey II	2
CHEM 107	Essentials of General and Organic Chemistry	4
HLTH 330	Human Nutrition	3
HLTH 350	Introduction to Public and Community Health	3
CSEER		0
Hours		15
Third Year		
First Semester		
Cultural Studies Elective ¹		3

Course	Title	Hours
Social Science Elective ^{1,3}		3
HLTH 332	Principles of Food Preparation	4
HLTH 332L	Principles of Food Preparation Lab	0
HLTH 370	Introduction to Environmental Hazards and Response	3
HLTH 420	Principles of Behavior Change and Health Counseling	3
CSEER		0
Hours		16
Second Semester		
BIOL 203	Introductory Microbiology	4
CRST 290	History of Life	3
HLTH 334	Nutrition Through the Life Cycle	3
HLTH 430	Community Nutrition	3
HLTH 453	Program Planning and Evaluation in Health Education	3
CSEER		0
Hours		16
Fourth Year		
First Semester		
EVAN 101	Evangelism and the Christian Life	2
HLTH 444	Principles of Epidemiology and Biostatistics	3
HLTH 488	Chronic and Infectious Diseases	3
HLTH 496	Special Topics in Nutrition	3
Elective		3
Elective		1
CSEER		0
Hours		15
Second Semester		
HLTH 432	Preventative Nutrition	3
HLTH 498	Public Health Senior Seminar	3
or HLTH 499	or Professional Internship in Health Promotion	
Elective		3
Elective		3
Elective		3
CSEER		0
Hours		15
Total Hours		120-123

¹ Refer to the list of approved general education electives at www.liberty.edu/gened before enrolling in foundational skills requirements

² All students must pass the Computer Assessment OR complete applicable INFT course; refer to www.liberty.edu/computerassessment for more information

³ PSYC 101 is strongly recommended