

# PUBLIC HEALTH (B.S.) - NUTRITION - RESIDENT

**Important:** This degree plan is effective for those starting this degree program in fall 2023 through summer 2024. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

## General Education/Foundational Skills Requirements

Code	Title	Hours
<b>Communication &amp; Information Literacy</b> <sup>1</sup>		
ENGL 101	Composition and Rhetoric	3
INQR 101	Inquiry	1
Communications Elective		3
Information Literacy Elective		3
Information Literacy Elective		3
<b>Technological Solutions &amp; Quantitative Reasoning</b> <sup>1</sup>		
UNIV 101	Foundational Skills	1
Math Elective	MATH 114 or higher <sup>2</sup>	3
Technology Competency <sup>3</sup>		0-3
<b>Critical Thinking</b> <sup>1</sup>		
RLGN 105	Introduction to Biblical Worldview <sup>4</sup>	2
RSCH 201	Research	3
Critical Thinking Elective		3
<b>Civic &amp; Global Engagement</b> <sup>1</sup>		
EVAN 101	Evangelism and the Christian Life <sup>4</sup>	2
Cultural Studies Elective		3
<b>Social &amp; Scientific Inquiry</b> <sup>1</sup>		
Natural Science Elective		3
Social Science Elective <sup>5</sup>		3
<b>Christianity &amp; Contexts</b> <sup>1</sup>		
BIBL 105	Old Testament Survey	2
BIBL 110	New Testament Survey	2
THEO 201	Theology Survey I <sup>4</sup>	2
THEO 202	Theology Survey II <sup>4</sup>	2
<b>Total Hours</b>		<b>44-47</b>

<sup>1</sup> Refer to the list of approved general education electives before enrolling in foundational skill requirements

<sup>2</sup> MATH 201 Introduction to Probability and Statistics (3 c.h.) is strongly recommended

<sup>3</sup> All students must pass the Computer Assessment OR complete applicable INFT course

<sup>4</sup> Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 Introduction to Biblical Worldview (2 c.h.) and EVAN 101 Evangelism and the Christian Life (2 c.h.) waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 Theology Survey I (2 c.h.) and THEO 202 Theology Survey II (2 c.h.) waived

<sup>5</sup> PSYC 101 General Psychology (3 c.h.) is strongly recommended

## Major Requirements

Code	Title	Hours
<b>Major Foundational Courses</b>		
BIOL 203	Introductory Microbiology <sup>1</sup>	4
BIOL 213	Human Anatomy and Physiology I <sup>1,2</sup>	3
BIOL 214	Human Anatomy and Physiology I Lab <sup>1,2</sup>	1
BIOL 215	Human Anatomy and Physiology II <sup>1,2</sup>	3
BIOL 216	Human Anatomy and Physiology II Lab <sup>1,2</sup>	1
HLTH 216	Personal Health <sup>1</sup>	3
MATH 201	Introduction to Probability and Statistics <sup>1</sup>	3
<b>Total Hours</b>		<b>18</b>

<sup>1</sup> Course may fulfill select general education requirements

<sup>2</sup> Minimum grade of "C" required

Code	Title	Hours
<b>Major Core</b>		
CRST 290	History of Life	3
HLTH 301	Foundations of Public Health	3
HLTH 350	Introduction to Public and Community Health	3
HLTH 370	Introduction to Environmental Hazards and Response	3
HLTH 420	Principles of Behavior Change and Health Counseling	3
HLTH 444	Principles of Epidemiology and Biostatistics	3
HLTH 453	Program Planning and Evaluation in Health Education	3
NURS 105	Medical Terminology	1
<b>Total Hours</b>		<b>22</b>

Code	Title	Hours
<b>Concentration</b>		
CHEM 107	Essentials of General and Organic Chemistry	4
HLTH 252	Drugs in Society	3
HLTH 330	Human Nutrition	3
HLTH 332	Principles of Food Preparation	4
HLTH 332L	Principles of Food Preparation Lab	0
HLTH 334	Nutrition Through the Life Cycle	3
HLTH 430	Community Nutrition	3
HLTH 432	Preventative Nutrition	3
HLTH 488	Chronic and Infectious Diseases	3
HLTH 496	Special Topics in Nutrition	3
HLTH 498	Public Health Senior Seminar	3
or HLTH 499	Professional Internship in Health Promotion	
<b>Total Hours</b>		<b>32</b>

Code	Title	Hours
<b>Free Electives</b>		
Choose 1-18 credit hours of Free Electives		1-18
<b>Total Hours</b>		<b>1-18</b>

All applicable prerequisites must be met

## Graduation Requirements

- 120 Total hours
- 2.0 Overall grade point average
- 30 Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- 50% Of major and concentration taken through Liberty University
- 30 Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- **CSER** All requirements must be satisfied before a degree will be awarded

## Course Sequence

Course	Title	Hours
<b>First Year</b>		
<b>First Semester</b>		
BIBL 105	Old Testament Survey	2
ENGL 101	Composition and Rhetoric	3
INQR 101	Inquiry	1
UNIV 101	Foundational Skills	1
	Information Literacy Elective (HLTH 216) <sup>1</sup>	3
	Natural Science Elective (BIOL 213/BIOL 214) <sup>1</sup>	4
NURS 105	Medical Terminology	1
CSER		0
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
BIBL 110	New Testament Survey	2
BIOL 215	Human Anatomy and Physiology II	3
BIOL 216	Human Anatomy and Physiology II Lab	1
RLGN 105	Introduction to Biblical Worldview	2
	Communications Elective <sup>1</sup>	3
	Information Literacy Elective <sup>1</sup>	3
	Technology Competency <sup>2</sup>	0-3
CSER		0
<b>Hours</b>		<b>14-17</b>
<b>Second Year</b>		
<b>First Semester</b>		
RSCH 201	Research	3
THEO 201	Theology Survey I	2
	Math Elective (MATH 201) <sup>1</sup>	3
HLTH 252	Drugs in Society	3
HLTH 301	Foundations of Public Health	3
CSER		0
<b>Hours</b>		<b>14</b>
<b>Second Semester</b>		
	Critical Thinking Elective <sup>1</sup>	3
THEO 202	Theology Survey II	2
CHEM 107	Essentials of General and Organic Chemistry	4
HLTH 330	Human Nutrition	3
HLTH 350	Introduction to Public and Community Health	3

Course	Title	Hours
CSER		0
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>First Semester</b>		
	Cultural Studies Elective <sup>1</sup>	3
	Social Science Elective <sup>1,3</sup>	3
HLTH 332	Principles of Food Preparation	4
HLTH 332L	Principles of Food Preparation Lab	0
HLTH 370	Introduction to Environmental Hazards and Response	3
HLTH 420	Principles of Behavior Change and Health Counseling	3
CSER		0
<b>Hours</b>		<b>16</b>
<b>Second Semester</b>		
BIOL 203	Introductory Microbiology	4
CRST 290	History of Life	3
HLTH 334	Nutrition Through the Life Cycle	3
HLTH 430	Community Nutrition	3
HLTH 453	Program Planning and Evaluation in Health Education	3
CSER		0
<b>Hours</b>		<b>16</b>
<b>Fourth Year</b>		
<b>First Semester</b>		
EVAN 101	Evangelism and the Christian Life	2
HLTH 444	Principles of Epidemiology and Biostatistics	3
HLTH 488	Chronic and Infectious Diseases	3
HLTH 496	Special Topics in Nutrition	3
	Elective	3
	Elective	1
CSER		0
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
HLTH 432	Preventative Nutrition	3
HLTH 498	Public Health Senior Seminar	3
	or HLTH 499 or Professional Internship in Health Promotion	
	Elective	3
	Elective	3
	Elective	3
CSER		0
<b>Hours</b>		<b>15</b>
<b>Total Hours</b>		<b>120-123</b>

<sup>1</sup> Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skills requirements

<sup>2</sup> All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup> PSYC 101 is strongly recommended