

PHYSICAL EDUCATION & HEALTH MAJOR (B.S.)

- Director of Youth Camps/Sports Programs
- Health Education Teacher
- Physical Education (PE) Teacher

Purpose

The Physical Education and Health degree program is designed to promote the development of a healthy, physically active Christ-centered lifestyle and prepare its graduates for the teaching profession. This academic program will allow students to acquire the disciplinary knowledge of human movement and the requisite skills and competencies in their respective area of concentration.

Those students completing either of the **Health and Physical Education** concentrations will be given the knowledge and teaching skills necessary to design and implement developmentally appropriate motor/sport skill learning experiences in school settings.

Program Learning Outcomes

The student will be able to:

- Apply health and physical education curricular content based on sound pedagogical principles and strategies for PreK-12 students.
- Plan and assess health and physical education lessons.
- Incorporate diverse learning styles and physical skill levels into lesson plans.
- Choose, administer, and evaluation assessment instruments to measure cognitive, affective, and psychomotor domains.
- Demonstrate teaching (communication) skills appropriate to K-12 students in physical education classes.
- Demonstrate motor/sports skills utilized education curricula.

Health and Physical Education Concentrations

- These concentrations are designed to prepare students primarily as health and physical education teachers for grades PreK-12. Students may choose whether or not to pursue Virginia teacher licensure. Each is a combination of academic study and practical learning experiences dealing with teaching in both health and physical education instructional settings.

CPR/First Aid Requirement

Must show proof of current First Aid and CPR certification

- Must include adult, child, and infant
- Must have a 'hands-on' component
- Must be from one of the following organizations:
 - American Red Cross
 - American Heart Association
 - National Safety Council

Program of Study

Delivery Format: Residential Only

- Physical Education & Health (B.S.), Non-Licensure - Resident

Career Opportunities

- Athletic Administrator
- Coach/Referee