

HEALTH & PHYSICAL EDUCATION P-12 (B.ED.) - RESIDENT

Important: This degree plan is effective for those starting this degree program in fall 2020 through summer 2021. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

After completion of the required program coursework (including student teaching) and the passing of licensure tests, the graduate of this program would be eligible for a VA state teaching license.

General Education/Foundational Skills Requirements

Code	Title	Hours
Communication & Information Literacy ¹		
COMS 101	Speech Communication	3
ENGL 101	Composition and Rhetoric	3
HIUS 221	Survey of American History I	3
INQR 101	Inquiry	1
Information Literacy Elective		3
Technological Solutions & Quantitative Reasoning ¹		
UNIV 101	Foundational Skills	1
MATH Elective		3
Technology Competency ²		0-3
Critical Thinking ¹		
ENGL 201	American Literature I	3
RLGN 105	Introduction to Biblical Worldview ³	2
RSCH 201	Research	3
Civic & Global Engagement ¹		
CSTU 101	Western Culture	3
EVAN 101	Evangelism and the Christian Life ³	2
Social & Scientific Inquiry ¹		
PSYC 210	Developmental Psychology	3
Natural Science Elective		3
Christianity & Contexts ¹		
BIBL 105	Old Testament Survey	2
BIBL 110	New Testament Survey	2
THEO 201	Theology Survey I ³	2
THEO 202	Theology Survey II ³	2
Total Hours		44-47

¹ Refer to the list of approved general education electives before enrolling in foundational skills requirements

² All students must pass the Computer Assessment OR complete applicable INFT course refer to www.liberty.edu/computerassessment for more information

³ Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 and EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 and THEO 202 waived

Major Requirements

Code	Title	Hours
Major Foundational Courses		
BIOL 213	Human Anatomy and Physiology I ¹	3
HLTH 216	Personal Health ¹	3
MATH 121	College Algebra ¹	3
Total Hours		9

¹ Course may fulfill select general education requirements

Code	Title	Hours
Major Core		
<i>Education Courses</i>		
EDUC 201	Introduction to Education and Classroom Technology	3
EDUC 221	Content Area Reading and Differentiated Teaching and Learning	3
EDUC 360	Foundations of Education	3
EDUC 425	Content Measurement and Evaluation	3
EDUC 435	Content Curriculum Fundamentals	3
PHED 450	Elementary Physical Education Methods & Behavior Management	3
PHED 451	Secondary Physical Education Methods	3
<i>Practicum and Gate Courses</i>		
EDUC 175	School of Education Gate 1 – UG Initial Licensure	0
EDUC 275	School of Education Gate 2 – UG Initial Licensure	0
EDUC 375	School of Education Gate 3 – UG Initial Licensure	0
HLTH 441	Methods and Resources in Teaching Applied Sciences in School Practicum	1
PHED 189	PE Observations in Schools	1
PHED 289	PE Student Aide: Elementary	1
PHED 389	PE Student Aide: Secondary	1
<i>Secondary Courses</i>		
BIOL 214	Human Anatomy and Physiology I Lab	1
BIOL 215	Human Anatomy and Physiology II	3
BIOL 216	Human Anatomy and Physiology II Lab	1
CRST 290	History of Life	3
EXSC 310	Physiology of Exercise	3
EXSC 311	Analysis of Human Movement	3
HLTH 252	Drugs in Society	3
HLTH 330	Human Nutrition	3
HLTH 402	The School Health Program	3
HLTH 440	Methods and Resources in Teaching Applied Sciences in Schools	2
PHED 101	Physical Fitness	1
PHED 200	Basketball/Soccer	1
PHED 201	Flag Football/Innovative Games	1
PHED 202	Racquet Sports	1
PHED 203	Tumbling and Rhythmic Activities	1
PHED 204	Softball/Volleyball	1
PHED 207	History and Foundations of Physical Education	2
PHED 208	Motor Learning	2
PHED 209	Motor Learning Lab	1

Code	Title	Hours
PHED 225	Weight Training/Conditioning	1
PHED 335	Adapted Physical Activity	2
PHED 336	Adapted Physical Activity Lab	1
PHED 405	Administration and Organization of Physical Education, Exercise and Fitness	3
<i>Student Teaching</i>		
EDST 475	The Reflective Educator: Resource Seminar	3
EDST 480	Supervised Student Teaching: External	9
or EDST 481	Supervised Student Teaching: Local	
Total Hours		80

All applicable prerequisites must be met

Graduation Requirements

- **124** total hours
- **3.0** Overall grade point average
- **31** Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- **25%** Of major taken through Liberty University
- **31** Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- **CSER** All requirements must be satisfied before a degree will be awarded