

# PSYCHOLOGY (B.S.) - SPORT PSYCHOLOGY - RESIDENT

**Important:** This degree plan is effective for those starting this degree program in fall 2025 through summer 2026. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

## General Education/Foundational Skills Requirements

Code	Title	Hours
<b>Communication &amp; Information Literacy</b> <sup>1</sup>		
ENGL 101	Composition and Rhetoric	3
	Communications Elective	3
	Information Literacy Elective	3
	Information Literacy Elective	3
<b>Technological Solutions &amp; Quantitative Reasoning</b> <sup>1</sup>		
UNIV 101	Foundational Skills	1
	Math Elective MATH 114 or higher	3
	Technology Competency <sup>2</sup>	0-3
<b>Critical Thinking</b> <sup>1</sup>		
RLGN 105	Introduction to Biblical Worldview <sup>3</sup>	2
	Critical Thinking Elective	3
<b>Civic &amp; Global Engagement</b> <sup>1</sup>		
EVAN 101	Evangelism and the Christian Life <sup>3</sup>	2
	Cultural Studies Elective	3
<b>Social &amp; Scientific Inquiry</b> <sup>1</sup>		
	Natural Science Elective	3
	Social Science Elective	3
<b>Christianity &amp; Contexts</b> <sup>1</sup>		
BIBL 105	Old Testament Survey	2
BIBL 110	New Testament Survey	2
THEO 201	Theology Survey I <sup>3</sup>	2
THEO 202	Theology Survey II <sup>3</sup>	2
<b>Total Hours</b>		<b>40-43</b>

<sup>1</sup> Refer to the list of approved general education electives before enrolling in foundational skill requirements

<sup>2</sup> All students must pass the Computer Assessment OR complete applicable INFT course

<sup>3</sup> Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 and EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 and THEO 202 waived

## Major Requirements

Code	Title	Hours
<b>Major Foundational Courses</b>		
BIOL 102	Principles of Human Biology <sup>1</sup>	3
PSYC 101	General Psychology <sup>1</sup>	3
PSYC 210	Developmental Psychology <sup>1</sup>	3

Code	Title	Hours
PSYC 354	Statistics for the Social Sciences <sup>1</sup>	3
<b>Total Hours</b>		<b>12</b>

<sup>1</sup> Course may fulfill select general education requirements

Code	Title	Hours
<b>Major Core</b>		
PSYC 255	Introduction to Research	3
PSYC 310	Cognitive Psychology	3
PSYC 312	Social Psychology	3
PSYC 320	Behavior Modification	3
PSYC 341	Psychology of Personality	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
PSYC 380	Physiological Psychology	3
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
PSYC 499	Internship	3
<b>Total Hours</b>		<b>39</b>

Code	Title	Hours
<b>Cognate</b>		
HLTH 330	Human Nutrition	3
PSYC 405	Group Dynamics	3
PSYC 440	Experimental Design in Research: Application and Construction	3
SMGT 200	Introduction to Sport Management	3
SMGT 400	Sport and Exercise Psychology	3
<b>Total Hours</b>		<b>15</b>

Code	Title	Hours
<b>Free Electives</b>		
	Choose 7-16 credit hours of Free Electives	7-16
<b>Total Hours</b>		<b>7-16</b>

*All applicable prerequisites must be met*

## Graduation Requirements

- **120** Total hours
- **2.0** Overall grade point average
- **30** Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- **25%** Of major and cognate taken through Liberty University
- **30** Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- **CSER** All requirements must be satisfied before a degree will be awarded

## Course Sequence

Course	Title	Hours
<b>First Year</b>		
<b>First Semester</b>		
ENGL 101	Composition and Rhetoric	3
EVAN 101	Evangelism and the Christian Life	2
INQR 101	Inquiry	1
RLGN 105	Introduction to Biblical Worldview	2
UNIV 101	Foundational Skills	1
MATH Elective <sup>1</sup>		3
Social Science Elective (PSYC 101 or PSYC 210) <sup>1</sup>		3
CSER		0
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 101 or PSYC 210	General Psychology or Developmental Psychology	3
Communications Elective <sup>1</sup>		3
Information Literacy Elective <sup>1</sup>		3
Technology Competency <sup>2</sup>		0-3
Elective		3
CSER		0
<b>Hours</b>		<b>12-15</b>
<b>Second Year</b>		
<b>First Semester</b>		
BIBL 105	Old Testament Survey	2
RSCH 201	Research	3
Critical Thinking Elective <sup>1</sup>		3
Natural Science Elective (BIOL 102) <sup>1</sup>		3
PSYC 255	Introduction to Research	3
CSER		0
<b>Hours</b>		<b>14</b>
<b>Second Semester</b>		
BIBL 110	New Testament Survey	2
Cultural Studies Elective <sup>1</sup>		3
Information Literacy Elective <sup>1</sup>		3
PSYC 312	Social Psychology	3
PSYC 320	Behavior Modification	3
CSER		0
<b>Hours</b>		<b>14</b>
<b>Third Year</b>		
<b>First Semester</b>		
THEO 201	Theology Survey I	2
PSYC 310	Cognitive Psychology	3
PSYC 341	Psychology of Personality	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 354	Statistics for the Social Sciences	3
Elective		3
CSER		0
<b>Hours</b>		<b>17</b>
<b>Second Semester</b>		
THEO 202	Theology Survey II	2

Course	Title	Hours
HLTH 330	Human Nutrition	3
PSYC 355	Statistics in Psychology	3
PSYC 420	Psychology and Christianity	3
PSYC 430	Abnormal Psychology	3
Elective		3
CSER		0
<b>Hours</b>		<b>17</b>
<b>Fourth Year</b>		
<b>First Semester</b>		
PSYC 380	Physiological Psychology	3
PSYC 405	Group Dynamics	3
PSYC 421	Psychological Measurement	3
PSYC 440	Experimental Design in Research: Application and Construction	3
Elective		3
CSER		0
<b>Hours</b>		<b>15</b>
<b>Second Semester</b>		
PSYC 365	Psychological Foundations of Learning	3
PSYC 499	Internship	3
SMGT 200	Introduction to Sport Management	3
SMGT 400	Sport and Exercise Psychology	3
Elective		3
Elective		1
CSER		0
<b>Hours</b>		<b>16</b>
<b>Total Hours</b>		<b>120-123</b>

<sup>1</sup> Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling foundational skills requirements.

<sup>2</sup> All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information.