PSYCHOLOGY (B.S.) - MILITARY RESILIENCE - ONLINE

Important: This degree plan is effective for those starting this degree program in fall 2026 through summer 2027. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

General Education/Foundational Skills Requirements

Code	Title	Hours
Communication & Information Literacy [1]		
ENGL 101	Composition and Rhetoric	3
Communications Elective		3
Information Literacy Elective		3
Information Literacy Elective		3
Technological Solutions & Quantitative Reasoning [1]		
UNIV 104	Instructional Technology for Successful Online Learning	0-3
Math Elective	MATH 114 or higher	3
Critical Thinking [1]		
RLGN 104	Christian Life and Biblical Worldview [2]	4
Critical Thinking Elective		3
Civic & Global Engagement [1]		
Cultural Studies Elective		3
Social & Scientific Inquiry [1]		
Natural Science Elective		3
Social Science Elective		3
Christianity & Contexts [1]		
BIBL 104	Survey of Old and New Testament	4
THEO 104	Introduction to Theology Survey [2]	4
Total Hours		**39-42**

[1] Refer to the list of approved general education electives before enrolling in foundational skill requirements

[2] Students transferring in 45 or more UG credit hours will have the requirement of RLGN 104 waived; Students transferring in 60 or more UG credit hours will also have the requirement of THEO 104 waived

Major Requirements

Code	Title	Hours
Major Foundational Courses		
BIOL 102	Principles of Human Biology [1]	3
PSYC 101	General Psychology [1]	3
PSYC 210	Developmental Psychology [1]	3
PSYC 354	Statistics for the Social Sciences [1]	3
Total Hours		**12**

[1] Course may fulfill select general education requirements

Code	Title	Hours
Major Courses		
PSYC 255	Introduction to Research	3
PSYC 310	Cognitive Psychology	3
PSYC 312	Social Psychology	3
PSYC 320	Behavior Modification	3
PSYC 341	Psychology of Personality	3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
PSYC 380	Physiological Psychology	3
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
PSYC 491 or PSYC 499	Capstone in Psychology Internship	3
Total Hours		**39**

Code	Title	Hours
Military Resilience Cognate		
MILT 275	The Resilient Warrior	3
MILT 325	Resilient Marriage and Family	3
Military Resilience Elective [1]		3
Total Hours		**9**

[1] Choose one course from the following: CRIS 302, MILT 375, or MILT 475

Code	Title	Hours
Free Electives		
Choose 18-27 credit hours of Free Electives		18-27
Total Hours		**18-27**

All applicable prerequisites must be met

Graduation Requirements

- **120** Total hours
- **2.0** Overall grade point average
- **30** Hours must be upper-level courses (300-400 level)
- **Grade of 'C'** Minimum required for all upper-level courses in the major
- **25%** Of major and cognate taken through Liberty University
- **30** Hours must be completed through Liberty University
- **Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Course Sequence

Freshman Year		
First Semester		**Hours**
BIBL 104	Survey of Old and New Testament	4
ENGL 101	Composition and Rhetoric	3
UNIV 104	Instructional Technology for Successful Online Learning	0-3
Communications Elective [1]		3

Social Science Elective PSYC 101 [1]		3
	Hours	**13-16**
Second Semester		
PSYC 210	Developmental Psychology	3
RLGN 104	Christian Life and Biblical Worldview	4
Information Literacy Elective [1]		3
Math Elective [1]		3
Natural Science Elective BIOL 102 [1]		3
	Hours	**16**
Sophomore Year		
Third Semester		
THEO 104	Introduction to Theology Survey	4
Critical Thinking Elective [1]		3
Cultural Studies Elective [1]		3
MILT 275	The Resilient Warrior	3
PSYC 255	Introduction to Research	3
	Hours	**16**
Fourth Semester		
Information Literacy Elective [1]		3
PSYC 351	Multicultural Counseling and Research Issues	3
PSYC 354	Statistics for the Social Sciences	3
Elective		3
Elective		3
	Hours	**15**
Junior Year		
Fifth Semester		
MILT 325	Resilient Marriage and Family	3
PSYC 312	Social Psychology	3
PSYC 341	Psychology of Personality	3
PSYC 355	Statistics in Psychology	3
PSYC 365	Psychological Foundations of Learning	3
	Hours	**15**
Sixth Semester		
PSYC 310	Cognitive Psychology	3
PSYC 380	Physiological Psychology	3
Military Resilience Elective [2]		3
Elective		3
Elective		3
	Hours	**15**
Senior Year		
Seventh Semester		
PSYC 420	Psychology and Christianity	3
PSYC 421	Psychological Measurement	3
PSYC 430	Abnormal Psychology	3
Elective		3
Elective		3
	Hours	**15**
Eighth Semester		
PSYC 320	Behavior Modification	3
PSYC 491 or PSYC 499	Capstone in Psychology or Internship	3
Elective		3
Elective		3
Elective		3
	Hours	**15**
	Total Hours	**120-123**

[1] Refer to the list of approved general education electives before enrolling in foundational skills requirements.

[2] Choose one course from the following: CRIS 302, MILT 375, or MILT 475.