

CAMPUS RECREATION

Chris Misiano, B.S., M.A.R., M.R.E., Ph.D.

Vice President of Campus Recreation & Logistics

To Be Determined

Executive Director of Campus Recreation

The Division of Campus Recreation provides a variety of options for resident and online students to interact socially through modern indoor and outdoor recreation facilities as well as programs and services that provide environments for social interaction and physical fitness.

Campus Recreation connects students to all that Liberty University has to offer beyond the classroom. Several fitness facilities are available for student use to stay physically fit, or they can relax with friends at one of the lounge areas on campus. In order to assist in the social atmosphere on campus, Student Activities plans weekly entertainment events. By offering various sporting options through Intramural Sports, Campus Recreation gives each student an opportunity to participate in a competitive sport. With all of these options Campus Recreation offers something for everyone. More information is available online at liberty.edu/campusrec/ and liberty.edu/campusrec/student-activities/

LaHaye Recreation and Fitness Center

Sean Sealy, B.S.

Director of Recreation Facilities

LaHaye Recreation and Fitness Center offers students various co-curricular spaces that provide important physical and social outlets for the development of a well-rounded collegiate experience. This includes modern fitness equipment, 7 basketball courts, 9 volleyball courts, 4 racquetball courts, 2 indoor soccer fields, a rock wall, an aquatic center, an indoor track, six group exercise studios, and more. Students have the opportunity to participate in a variety of programs including over 70 group fitness classes per week, personal training, bouldering classes, fitness workshops and competitions.

Montview Bowling Alley and Game Room

Sean Sealy, B.S.

Director of Recreation Facilities

Joshua Gomes, B.S., M.S.

Montview Recreation General Manager

Montview Bowling Alley offers 8 bowling lanes, 2 billiard tables, and a lounge space with TVs to watch popular sporting events. Liberty community members can bowl by the game, by the hour or purchase a Bowling Alley membership for unlimited bowling.

The Montview Game Room is open for Liberty students, faculty, and staff equipped with board games and several gaming consoles including a PS4™, XBOX™ One, Nintendo Switch, Nintendo (Classic Edition), and Super Nintendo (Classic Edition). Billiard, ping pong, air hockey, and foosball tables are available for use with the checked-out equipment as well.

David's Place

Sean Sealy, B.S.

Director of Recreation Facilities

David's Place is a 5,000 square foot fitness facility located on East Campus and is available for all Liberty members to enjoy! David's Place consists of a Cardio Floor, Cycle Studio, Multipurpose Room, and Functional Fitness room which is outfitted with dumbbells, bikes and more. David's Place also offers a heated outdoor pool with a pool deck that has a grill and fire pit available for use.

Hydaway Outdoor Center

Mike Ellsworth, B.S., M.A.

Director of Outdoor Recreation

The Hydaway Outdoor Recreation Center features an eight-acre lake with beach access for swimming, as well as outdoor equipment rentals. Students can check out items such as, canoes, kayaks, paddleboards, fishing gear, camping gear, and mountain bikes. Additionally, team building and leadership development courses can be scheduled for groups on the high and low ropes course. The facility has eight campsites and multi-purpose space for group meetings and events. Hydaway Outdoor Recreation Center hosts a wide range of outdoor events and trips such as white water rafting, kayaking, horseback riding, fly fishing, hiking, and camping. They also host the well-known Liberty Mountain Trail Series, which is comprised of several trail races during the Fall and Spring semesters.

Liberty Mountain Gun Club

Bill Crawford, B.S., M.S., Ph.D.

General Manager

Liberty Mountain Gun Club is a full-service shooting facility built for Liberty University students, faculty, and staff. The facility is located just minutes from the main campus and offers several shooting opportunities for all skill levels. The nearly 600-acre facility is home to Shotgun fields, 100 to 300-yard Rifle Ranges, a Pistol Range, and an Archery Range. The Shotgun Range supports Trap, Skeet, and 5-Stand. The Liberty Mountain Gun Club is also home to Liberty University's Competitive Shooting Team and Archery Team.

Liberty Mountain Trail System

Mike Ellsworth, B.S., M.A.

Director of Outdoor Recreation

The Liberty Mountain Trail System consists of over 50 miles of single and double track trails and logging roads that span approximately 3,500 acres. The mountain rises to over 1,360 feet and offers something for all difficulty levels, from a leisurely stroll to the Liberty University Monogram, to cross country and gravity-fed trails for both hiking and mountain biking.

Disc Golf Courses

Two different courses exist on Liberty's campus. The first is located on the mountain near Hydaway Outdoor Recreation Center in conjunction with the Liberty Trail System, and the second is located on East Campus. They serve as the home of the Liberty Flames Disc Golf Team. The 27-hole course located at the Hydaway Outdoor Recreation Center and the 20-hole course located on East Campus include tee pads for beginners and experts alike.

Liberty Mountain Equestrian Center

Suzanne Flaig, B.A., M.Ed.

Director and Equestrian Head Coach

The Equestrian Center hosts riding lessons, trail riding opportunities, student boarders, and physical education elective classes. It is also home to Liberty's Hunt Seat and Western Equestrian Teams. The Equestrian Center has three main barns that hold 52 horse stalls, 8 grooming stalls, and 5 indoor wash stalls. Horses are provided with daily turnout in 20 pastures, each from 5 to 10 hilly acres with automatic waterers and loafing sheds. There are miles of riding trails on the mountain, in addition to the two arenas. The 120' x 300' outdoor ring has lights and an automatic water cannon watering system. The 120' x 300' indoor ring is one of the largest in Virginia and is used for collegiate shows and other events, in addition to daily riding. Altogether, the Liberty Equestrian Center expands across a 380-acre property on Liberty Mountain, with 78 stalls, and 72,000 square feet of high-tech riding surface.

Liberty Mountain Snowflex Centre

Derek Quinn-Woods, B.S.

General Manager

Liberty Mountain Snowflex Centre, located off Candler's Mountain Road, specializes in year-round mountain activities open to Liberty University students, faculty, staff, and the general public. This includes a beginner slope, intermediate slope, advanced slope/terrain park, two Neveplast tubing runs (350 ft. and 500 ft.), an Olympic-grade trampoline, and a 50 x 50 ft. Airbag for aerial awareness training. The 550-foot terrain run has three jumps with a quarter pipe at the bottom and a 550-foot ski slope with multiple rail features for all levels.

The Barrick-Falwell Lodge is an 8,000 square foot facility at the base of the ski runs. On the first floor, this building houses the ticket office and rental area. On the second floor are the event space and concession area with a full view of the ski slope and an amazing view of the campus and the Blue Ridge Mountains. The Snowflex Centre is a great venue for birthday parties, business meetings, classes, and events. It hosts multiple ski and snowboard summer camps along with fun activities all year long.

Intramural Sports

Ed Barnhouse, B.S.

Director of Intramural Sports

Intramural Sports are organized recreational sports leagues that allow students at Liberty to participate in a variety of team and individual sports. Competition exists, but the real focus of intramural sports is health and exercise, social interaction, stress reduction, sportsmanship, and teamwork.

During the Fall and Spring semester, over 20 different sports in various leagues and tournaments are offered for wide participation on the part of both men and women.

Indoor Leagues

- 4v4 Flag Football
- Basketball
- Bowling
- Broomball
- Coed Volleyball
- Cornhole
- Indoor Soccer
- Racquetball

Outdoor Leagues

- 7v7 Flag Football (*Fall Only*)
- Coed Beach Volleyball
- Disc Golf
- Outdoor Soccer
- Softball
- Spikeball
- Tennis
- Ultimate Frisbee

Tournaments

- 3-Point Shootout
- Billiards
- Dodgeball
- Fantasy Football
- Kickball
- Table Tennis
- Wiffleball
- Women's Flag Football

East Campus Athletic Complex

The East Campus Athletic Complex has two fields that are surfaced with an in-filled synthetic turf that is the home of men's and women's lacrosse teams. A third astroturf field is the home of the women's Field Hockey team. All three fields are used for intramural sports play that includes soccer, flag football, and ultimate frisbee. A fieldhouse with offices, team rooms, and locker rooms is also located at the complex.

Liberty Mountain Intramural Complex

This recreational facility consists of four distinct areas. A 220,000 square foot, multi-purpose turf area is the home to flag football, softball, and ultimate Frisbee. A recreational softball field made of natural grass sits next to the turf area and four additional fully-lit, sand volleyball courts to make a total of eight courts at Liberty University.

Student Activities

Cort Comfort, B.S.

Director of Student Activities

Student Activities is committed to the service of the students of Liberty University by providing a variety of culturally-relevant events and recreational activities throughout each semester, giving students a full calendar of social occasions to interact with one another and enhance their overall college experience.

Student Activities provides an extensive variety of entertainment opportunities, usually free or at an exclusive Liberty University discount price. Events include concerts featuring nationally acclaimed performers (Lecrae, Switchfoot, For King & Country, Needtobreathe, and more), movie nights, game nights, open mic nights, student concerts, educational workshops, art expos and more. Student Activities also provides large-scale campus traditions for the entire LU community, such as Homecoming, Block Party, Coffeehouse, and Christmas in Lights.