

FOUNDATIONAL STUDIES IN PROFESSIONAL CARE (FSPC)

FSPC 502 Human Growth and Development 3 Credit Hour(s)

This course explores individuals throughout the lifespan in the areas of cognitive, personality, physical, and social development specifically through the examination of various theories. Understanding development crises, specific interventions, and optimal wellness are key content areas within this course. Additionally, this course provides a framework for understanding the impact of various situational, environmental, and sociocultural factors on individuals and their families and communities.

Registration Restrictions: Students pursuing the M.A. in Clinical and Mental Health Counseling are unable to register for the course.

Offered: Online

FSPC 504 Multicultural Considerations in the Helping Professions 3 Credit Hour(s)

This course focuses on the multiple dimensions related to multicultural competencies in professional care. Major ethnic groups are studied along with the counseling, social justice, and advocacy approaches appropriate to each. Similarly, the overarching cultural context of relationships, including factors such as age, race, gender, sexual orientation, religious and spiritual values, mental and physical characteristics, education, family values, socioeconomic status, and within group as well as between group cultural differences are examined. Theories of multicultural counseling, identity development, pluralistic trends, and systems-oriented intervention strategies (couple, family, group, and community) are considered. Cultural self-awareness, biases, prejudice, oppression, and discrimination are given attention.

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Offered: Online

FSPC 506 Integration of Spirituality in the Helping Professions 3 Credit Hour(s)

Students critically examine how a Christian worldview and a client's spirituality impact the assessment, diagnosis, and treatment planning process. Ethical, diagnostic, and assessment issues relevant to the use of Christian spiritual interventions with appropriately religious individuals, couples, and families are considered, along with current research related to spirituality in the helping professions.

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Offered: Online

FSPC 515 Research and Program Evaluation 3 Credit Hour(s)

Online Prerequisite: Statistic Prereq Met with a score of 3

Students learn the importance of scientific inquiry in the specialty fields of counseling and therapy. Emphasis is on research methods (designs, statistical analysis, needs assessment, and program evaluation) and locating, interpreting, and evaluating research and program evaluation articles that inform evidence-based practice. Ethical and cultural relevance as well as ethically appropriate integration is also addressed.

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Offered: Online