DOBSON MARRIAGE & FAMILY STUDIES (DBMF)

DBMF 600 Counseling Children and Adolescents: Issues and Strategies 3 Credit Hour(s)
This course prepares students to address opportunities to evaluate current theories and the appropriateness/effectiveness of frequently used counseling strategies related to parents and minor clients addressing related problems including, but not limited to conduct, eating, sleeping, high-needs kids, and ADHD. Additionally, there is a special focus on trauma and abuse in the childhood years as well as an in depth analysis of ethical concerns and recognition of multicultural factors associated with diverse families are also included.
Offered: Online

DBMF 605 Parenting and Child Discipline Strategies: Raising Healthy Kids 3 Credit Hour(s)
This course provides students with scientifically based strategies and tools for helping parents raise emotionally, physically, spiritually, and socially healthy children. Time-honored techniques for disciplining children are examined together with an analysis of contemporary research and biblical perspectives on parenting and discipline strategies. Moral, ethical, and legal issues are considered within the context of today's socio-cultural environment. The influence of intergenerational factors and family systems variables are also evaluated.
Offered: Online

DBMF 610 Marriage and Family Systems: Foundations, Models and Techniques 3 Credit Hour(s)
This course prepares students with techniques and approaches useful to marriage and family counseling, including theoretical models of family systems and methods that can be used when problems develop. Current trends, societal issues, ethical concerns and multicultural factors are presented and considered.
Offered: Online

DBMF 615 Love and Relationships 3 Credit Hour(s)
Prerequisite: PACO 500 and PACO 501
This course provides the biblical and psychological principles and techniques for cultivating and counseling healthy marital and romantic relationships. Gender role differences, scriptural precepts and potential relational stressors are examined. Ethical concerns and multicultural factors are also considered.
Offered: Residential and Online