

COUNSELING (COUC)

COUC 500 Orientation to Counselor Professional Identity and Function 3 Credit Hour(s)

This course introduces students to concepts regarding the professional functioning of licensed professional counselors and marriage and family therapists, including history, roles, professional organizations, standards, and credentialing. Current issues in the practice of counseling and marriage and family therapy in a variety of professional settings are explored. Students are also introduced to program policies, graduate level writing and APA style.

Offered: Resident and Online

COUC 501 Ethical and Legal Issues in Counseling 3 Credit Hour(s)

This course introduces students to concepts regarding ethical and legal issues encountered by licensed professional counselors and marriage and family therapists, including ethical principles, professional codes of ethics, identifying and resolving ethical dilemmas, ethical decision-making models, and legalities of the profession. Current issues in therapeutic practice in a variety of professional settings are explored.

Offered: Resident and Online

COUC 502 Human Growth and Development 3 Credit Hour(s)

This course explores individuals throughout the lifespan in the areas of cognitive, personality, physical, and social development specifically through the examination of various theories. Understanding development crises, specific interventions, and optimal wellness are key content areas within this course. Additionally, this course provides a framework for understanding the impact of various situational, environmental, and sociocultural factors on individuals and their families and communities.

Offered: Resident and Online

COUC 504 Multicultural Counseling 3 Credit Hour(s)

This course focuses on the multiple dimensions related to competent multicultural counseling. Major ethnic groups are studied along with the counseling, social justice, and advocacy approaches appropriate to each. In a similar fashion, the overarching cultural context of relationships, including factors such as age, race, gender, sexual orientation, religious and spiritual values, mental and physical characteristics, education, family values, socioeconomic status, and within group as well as between group cultural differences are examined. Theories of multicultural counseling, identity development, pluralistic trends, and systems-oriented intervention strategies (couple, family, group, and community) are considered. Counselor cultural self-awareness and the role of counseling in eliminating biases, prejudice, oppression, and discrimination are emphasized.

Offered: Resident and Online

COUC 505 Counseling Techniques and the Helping Relationship 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502)

This course provides training in essential interview and counseling skills with an orientation towards wellness and prevention. Students will learn how personal characteristics and behaviors that influence the helping process as well as how counseling theory, including family systems, influences case conceptualization and interventions. Students will learn basic counseling skills for crisis intervention and suicide prevention and the role of the counselor in consultation.

Offered: Resident and Online

COUC 506 Integration of Spirituality and Counseling 3 Credit Hour(s)

Prerequisite: (COUC 501 or COUN 501 or CMHC 501)

Students critically examine how a Christian worldview and a client's spirituality impact the assessment, diagnosis, and treatment planning process in counseling. Ethical, diagnostic, and assessment issues relevant to the use of Christian spiritual interventions with appropriately religious individuals, couples, and families are considered, along with current research related to spirituality and counseling.

Offered: Resident and Online

COUC 510 Theories of Counseling 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501)

This course provides in-depth exploration of selected theories of counseling and psychotherapy, including empirically supported treatment modalities. Through this course, students learn about the nature and process of therapy, and begin to learn how to conceptualize client presentations and select appropriate interventions while considering issues of diversity. Students are encouraged to begin to define their own theoretical approach to their work with individuals, couples, and families.

Offered: Resident and Online

COUC 512 Group Counseling 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510)

The course provides in-depth training in group counseling methods including group counselor orientations and behaviors, group theories, principles of group dynamics, group process components, developmental stages of groups, group members' roles and behaviors, therapeutic factors of group work, and program design and evaluation. Group counseling skills, appropriate selection criteria and methods, as well as leadership approaches, characteristics, and styles are studied. Ethical and legal considerations of group counseling are also explored. An experiential component is required in this course where students participate in small groups as members and/or leaders for a minimum of 10 clock hours.

Offered: Resident and Online

COUC 515 Research and Program Evaluation 3 Credit Hour(s)

Prerequisite: Statistic Prereq Met with a score of 3

Students learn the importance of scientific inquiry in the fields of clinical mental health counseling and marriage and family therapy. Emphasis is on research methods (designs, statistical analysis, needs assessment, and program evaluation) and locating, interpreting, and evaluating research and program evaluation articles that inform evidence-based practice. Ethical and cultural relevance is also addressed. (Formerly CMHC 503)

Offered: Resident and Online

COUC 521 Assessment Techniques in Counseling 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510)

This course is designed to provide an understanding of individual and group approaches to assessment and evaluation in a multicultural society. Comprehension and application of basic concepts of standardized and nonstandardized testing and other assessment techniques, including norm-referenced and criterion-referenced assessment, environmental assessment, performance assessment, inventory methods, psychological testing, and behavioral observations are examined. Social and cultural factors related to the assessment and evaluation of individuals, groups, and specific populations are discussed. Identification of applicable ethical strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in counseling are evaluated.

Offered: Resident and Online

COUC 522 Career Development and Counseling 3 Credit Hour(s)

Prerequisite: (COUC 502 or EDUC 502 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505 or COSC 505) and (COUC 501 or COUN 501 or CMHC 501 or EDCE 501 or COSC 501) and (COUC 510 or COUN 510 or CMHC 510 or COSC 510) and (COUC 500 or CMHC 500 or COUN 500 or COSC 500 or Education Counseling Gate 2 with a score of 5)

The course provides students an understanding of career development and related life factors. Students study career development theory and decision-making models, procedures for planning and conducting effective job searches, assessment instruments and techniques relevant to career planning and decision-making, and the use of career information. Emphasis is placed on understanding the interrelationships between career development and career decision-making and such factors as faith, values, personality, family, socioeconomic status, leisure, individual interests and abilities, and other life roles.

Offered: Resident and Online

COUC 546 Psychopathology 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510)

This course studies psychological disorders and normalcy across the lifespan. Students are prepared to responsibly and competently assess, diagnose, conceptualize, and counsel clients as defined by the Diagnostic Statistical Manual classification system. Concepts and constructs, assessment processes, etiology, cultural factors, differential diagnosis, decisions-making, and evidence-based therapeutic approaches are emphasized. Clinical and scientific research is integrated through the course with a biblical worldview so that students will have a robust biopsychosocialspiritual lens to understand and treat mental disorders.

Offered: Resident and Online

COUC 601 Theories of Family Systems 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510)

This course considers the dynamics of marriage and family relationships from a systems perspective. The emphasis is on understanding family and other systems theories, the structure and function of marriage, various aspects of the marital relationship and family systems, and models of family and systemic interventions. Considerations from an historical perspective are presented along with current developments within marriage and family systemic models. Students will engage in critical thinking regarding the application and integration of spirituality within marriage and family counseling.

Offered: Resident and Online

COUC 602 Assessment, Diagnosis, and Treatment Planning in Marriage and Family Counseling 3 Credit Hour(s)

Prerequisite: (CMHC 501 or COUC 501 or COUN 501) and (CMHC 502 or EDUC 600 or COUC 502 or COUN 502) and (CMHC 601 or COUN 601 or COUC 601) and (CMHC 500 or COUN 500 or COUC 500) and (CMHC 505 or COUN 505 or COUC 505) and (CMHC 510 or COUN 510 or COUC 510) and (CMHC 646 or COUN 646 or COUC 546) and (COUC 500 or CMHC 500 or COUN 500) and (COUC 504 or CMHC 504 or COUN 504) and (COUC 512 or CMHC 512 or COUN 512) and (COUC 515 or CMHC 515 or COUN 515) and (COUC 521 or CMHC 521 or COUN 521)

This course is an experiential exploration of selected, major treatment approaches utilized in marital and family counseling. The development of practical skills and techniques constitutes the primary focus. The intent is to make practical application of systemic theories presented in COUC 601. Students will have significant engagements in assessment, diagnosis, and treatment planning through role-play of clinical practice with various marriage and family counseling methods. Additionally, the impact of addiction, crisis, disasters, and other trauma-causing events on diagnosis and treatment planning in marriage and family counseling will be addressed. Students will learn to apply systemic interventions as treatment for various mental health problems that occur with individuals, couples, and families.

Offered: Resident

COUC 603 Advanced Couple and Marital Counseling 3 Credit Hour(s)

Prerequisite: (CMHC 501 or COUN 501 or COUC 501) and (CMHC 502 or EDUC 600 or COUN 502 or COUC 502) and (CMHC 500 or COUN 500 or COUC 500) and (CMHC 505 or COUN 505 or COUC 505) and (CMHC 510 or COUN 510 or COUC 510) and (CMHC 646 or COUN 646 or COUC 546) and (CMHC 512 or COUN 512 or COUC 512) and (CMHC 521 or COUN 521 or COUC 521) and (CMHC 504 or EDCE 504 or COUN 504 or COUC 504) and (COUN 601 or CMHC 601 or COUC 601)

This course introduces students to evidence-based protocols for couple and marital counseling. Advanced skill work in formalized assessment and couples counseling techniques highlight the elements of this course. Students will develop effective couple and marital case conceptualizations and apply effective treatment interventions to various problems couples may experience. This course also incorporates a focus on pre-marital assessment and counseling.

Offered: Resident

COUC 604 Crisis Counseling 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510) and (COUC 512 or COUN 512 or CMHC 512) and (COUC 515 or EDUC 518 or COUN 515 or CMHC 515) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 522 or EDCE 522 or COUN 522 or CMHC 522) and (COUC 546 or COUN 646 or CMHC 646)

This course provides students with foundational knowledge of the impact of crises, disasters, and other trauma-causing events on people as well as the principles of crisis intervention for people during crises, disasters, and other trauma-causing events. The appropriate use of diagnosis during crisis, disaster, or other trauma causing events and the differentiation between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events will be examined. Students will learn specific crisis intervention practices, including procedures for assessing and managing suicide risk, suicide prevention models, and the use of psychological first aid strategies. The counselors' roles and responsibilities as members of an interdisciplinary emergency management response team during a crisis, disaster or other trauma-causing event and the operation of emergency management systems will be studied.

Offered: Resident and Online

COUC 610 Human Sexuality 3 Credit Hour(s)

Prerequisite: (CMHC 500 or COUN 500 or COUC 500) and (CMHC 501 or COUN 501 or COUC 501) and (CMHC 502 or EDUC 600 or COUN 502 or COUC 502) and (CMHC 505 or COUN 505 or COUC 505) and (CMHC 510 or COUN 510 or COUC 510)

An analysis of the physiological, psychological, cultural, and religious aspects of a wide range of topics in the area of human sexuality. Emphasis is on the development of an understanding and appreciation of the role of sexuality in individuals, couples, and families throughout the various phases of the life cycle.

Offered: Resident

COUC 620 Counseling Children, Adolescents, and Their Families 3 Credit Hour(s)

Prerequisite: (CMHC 501 or COUN 501 or COUC 501) and (CMHC 502 or EDUC 600 or COUN 502 or COUC 502) and (CMHC 500 or COUN 500 or COUC 500) and (CMHC 505 or COUN 505 or COUC 505) and (CMHC 510 or COUN 510 or COUC 510) and (CMHC 646 or COUN 646 or COUC 546) and (CMHC 601 or COUN 601 or COUC 601) and (CMHC 504 or EDCE 504 or COUN 504 or COUC 504) and (CMHC 512 or COUN 512 or COUC 512) and (CMHC 521 or COUN 521 or COUC 521)

This course examines the developmental and psychological needs and problems of children, to include the transition to adolescence. Coursework emphasizes parenting, family, social, spiritual/moral, and physical issues. Counseling theories and evidence-based interventions provide foundational skills for working with children, adolescents, parents, and their families. This course will also address the impact of crisis and trauma events on children and families.

Offered: Resident

COUC 667 Clinical Diagnosis and Treatment Planning 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510) and (COUC 512 or COUN 512 or CMHC 512) and (COUC 515 or EDUC 518 or COUN 515 or CMHC 515) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 546 or COUN 646 or CMHC 646)

Students become knowledgeable of the principles and practice of clinical diagnosis and the development of treatment plans using the current edition of the Diagnostic and Statistical Manual. Emphasis is also placed on mental status, substance use, and risk assessment. Consideration is given to ethical, dimensional, relational, multicultural, and systemic issues important in diagnosis and treatment planning.

Offered: Resident and Online

COUC 687 Counseling Women 3 Credit Hour(s)

Online Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510) and (COUC 512 or COUN 512 or CMHC 512) and (COUC 515 or EDUC 518 or COUN 515 or CMHC 515) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 522 or EDCE 522 or COUN 522 or CMHC 522) and (COUC 546 or COUN 646 or CMHC 646)

This course examines the most common problems women bring to counseling, including both developmental and situational crises. It explores biblical perspectives and the most effective treatments for these situations.

Offered: Online

COUC 691 Substance Abuse: Diagnosis, Treatment and Prevention 3 Credit Hour(s)

Prerequisite: (COUC 501 or COUN 501 or CMHC 501) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 546 or COUN 646 or CMHC 646)

This course is designed to introduce the student to current theories and etiology of addictions and addictive behaviors, including strategies for prevention, intervention, and treatment. The identification of standard screening and assessment instruments for substance use disorders and process addictions are practiced, as well as screening for aggression, and danger to self and/or others, as well as co-occurring mental disorders are reviewed. The course also describes appropriate counseling strategies when working with clients with addiction and co-occurring disorders in a multicultural society.

Offered: Resident and Online

COUC 698 Counseling Practicum 3 Credit Hour(s)

Prerequisite: (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 501 or COUN 501 or CMHC 501 or EDCE 501 or COSC 501) and (COUC 510 or COUN 510 or CMHC 510 or EDCE 505 or COSC 505) and (COUC 500 or COUN 500 or CMHC 500) and (COUC 512 or COUN 512 or CMHC 512) and (COUC 515 or EDUC 518 or COUN 515 or CMHC 515) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 546 or COUN 646 or CMHC 646) and COUC 602 (may be taken concurrently) or COUC 667 (may be taken concurrently)

This course involves a highly supervised experience of professional counseling at an approved clinical site in the counseling community. This supervision includes both individual and group supervision. Students are required to complete a total of 100 hours of counseling and related services, 40 of which are direct client contact hours. Written and oral presentations accompanied by audio and video recordings are a basic part of the group supervisory process. Additionally, the class will focus on the development of counseling related skills, ethics, and professionalism based on observations and exposure to the counseling field.

Offered: Resident and Online

COUC 699 Counseling Internship 3 Credit Hour(s)

Prerequisite: (COUC 500 or COUN 500 or CMHC 500) and (COUC 501 or COUN 501 or CMHC 501) and (COUC 502 or EDUC 600 or COUN 502 or CMHC 502) and (COUC 504 or EDCE 504 or COUN 504 or CMHC 504) and (COUC 505 or COUN 505 or CMHC 505) and (COUC 510 or COUN 510 or CMHC 510) and (COUC 512 or COUN 512 or CMHC 512) and (COUC 515 or EDUC 518 or COUN 515 or CMHC 515) and (COUC 521 or COUN 521 or CMHC 521) and (COUC 522 or COUN 522 or CMHC 522) and (COUC 546 or COUN 646 or CMHC 646) and (COUC 698 or COUN 698 or CMHC 698) and (COUC 602 or CMHC 602 or COUN 667 or CMHC 667 or COUC 667)

This course requires successful completion of the practicum as one of its prerequisites and involves an intensely supervised experience in the student's designated program area at an approved site. Students are required to complete a total of 600 clock hours of counseling and related services, 240 of which are direct client contact hours. While gaining direct service experience with clients, students regularly meeting with an approved onsite supervisor. Student counseling performance is evaluated throughout the internship. Written and oral presentation accompanied by audio and video recordings form the basis of the group supervisory process. The dynamics of the counseling relationship, diagnosis, treatment, and legal/ethical issues are primary areas of focus.

Note: This course may be repeated.

Offered: Resident and Online