MARRIAGE AND FAMILY THERAPY (M.M.F.T.)

Important: This degree plan is effective for those starting this degree program in fall 2026 through summer 2027. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

Code	Title	Hours
Program Courses		
Early Courses		
MMFT 500	Introduction to Marriage and Family Therapy [1]	3
MMFT 501	Professional Identity, Ethics, and Legal Issues in MFT	3
MMFT 502	Family Life Cycle Development	3
MMFT 504	Cultural and Contextual Diversity in MFT	3
MMFT 506	Theological and Spiritual Integration in MFT	3
MMFT 510	Theoretical Foundations of Systemic Therapy	3
MMFT 515	Research Methods and Evidence Based Practice in MFT	3
Advanced Courses		
MMFT 601	Marriage and Family Therapy I: Foundations of Systemic Family Therapy	3
MMFT 602	Marriage and Family Therapy II: Contemporary Approaches and Complex Family Systems	3
MMFT 603	Couples Therapy	3
MMFT 604	Crisis Therapy	3
MMFT 605	Addiction and Family Systems	3
MMFT 610	Human Sexuality in Therapy	3
MMFT 640	Trauma and Relational Healing	3
MMFT 667	Systemic Diagnosis and Treatment	3
Skills Courses		
MMFT 692	Marriage and Family Therapy Internship I [2,3]	3
MMFT 693	Marriage and Family Therapy Internship II [2]	3
MMFT 694	Marriage and Family Therapy Internship III [2,4]	3
Elective Courses		
Marriage and Family Therapy Elective [5]		3
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Total Hours		**60**

1 Background check/fingerprint initiated.
2 Course offered in semester (A-term) synchronous Online Format.
3 Background check/fingerprint verified.
4 Repeatable.
5 Choose 3 credit hours from ADCN 606, COUC 630, COUC 631, COUC 687, CRIS 606, or MMFT 620.

All applicable prerequisites must be met

Additional Major Requirements

- Successful completion of MMFT 694

Graduation Requirements

- Complete 60 hours
- A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level
- 3.0 GPA
- No more than two grades of C may be applied to the degree (includes grades of C+ & C-)
- No grade of D or below may be applied to the degree (includes grades of D+ & D-)
- Liberty University course work that is more than 10 years old may not be applied towards this degree. Students are required to repeat the course if it has exceeded the age limit
- Degree must be completed within 7 years
- Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Program Offered in Online Format

Course Sequence

First Year		
First Semester		**Hours**
MMFT 500	Introduction to Marriage and Family Therapy	3
MMFT 501	Professional Identity, Ethics, and Legal Issues in MFT	3
MMFT 502	Family Life Cycle Development	3
	Hours	**9**
Second Semester		
MMFT 504	Cultural and Contextual Diversity in MFT	3
MMFT 506	Theological and Spiritual Integration in MFT	3
MMFT 510	Theoretical Foundations of Systemic Therapy	3
	Hours	**9**
Second Year		
Third Semester		
MMFT 601	Marriage and Family Therapy I: Foundations of Systemic Family Therapy	3
MMFT 602	Marriage and Family Therapy II: Contemporary Approaches and Complex Family Systems	3
MMFT 667	Systemic Diagnosis and Treatment	3
	Hours	**9**
Fourth Semester		
MMFT 603	Couples Therapy	3
MMFT 604	Crisis Therapy	3
MMFT 605	Addiction and Family Systems	3
	Hours	**9**
Third Year		
Fifth Semester		
MMFT 610	Human Sexuality in Therapy	3
MMFT 640	Trauma and Relational Healing	3

MMFT 692	Marriage and Family Therapy Internship I	3
	Hours	**9**
Sixth Semester		
MMFT 515	Research Methods and Evidence Based Practice in MFT	3
MMFT 693	Marriage and Family Therapy Internship II	3
Marriage and Family Therapy Elective [1]		3
	Hours	**9**
Fourth Year		
Seventh Semester		
MMFT 694	Marriage and Family Therapy Internship III	3
Marriage and Family Therapy Elective [1]		3
	Hours	**6**
	Total Hours	**60**

[1] Choose 3 credits from ADCN 606, COUC 630, COUC 631, COUC 687, CRIS 606, or MMFT 620.

All applicable prerequisites must be met