

# CLINICAL MENTAL HEALTH COUNSELING (M.A.)

**Important:** This degree plan is effective for those starting this degree program in fall 2024 through summer 2025. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations, or cognates.

Code	Title	Hours
<b>Early Core Courses</b>		
COUC 500	Orientation to Counselor Professional Identity and Function	3
COUC 501	Ethical and Legal Issues in Counseling	3
COUC 502	Human Growth and Development	3
COUC 504	Multicultural Counseling	3
COUC 505	Counseling Techniques and the Helping Relationship <sup>1</sup>	3
COUC 506	Integration of Spirituality and Counseling	3
COUC 510	Theories of Counseling	3
<b>Total Hours</b>		<b>21</b>

<sup>1</sup> Course offered in intensive format.

Code	Title	Hours
<b>Advanced Core Courses</b>		
COUC 512	Group Counseling <sup>1,2</sup>	3
COUC 515	Research and Program Evaluation <sup>3</sup>	3
COUC 521	Assessment Techniques in Counseling	3
COUC 522	Career Development and Counseling	3
COUC 546	Psychopathology	3
COUC 601	Theories of Family Systems	3
<b>Total Hours</b>		<b>18</b>

<sup>1</sup> Course offered in intensive format.

<sup>2</sup> A background check will be required

<sup>3</sup> Student must successfully complete three hours of undergraduate coursework in statistics. Those who did not complete this course during their undergraduate program may fulfill this prerequisite requirement during the first two semesters of the program.

Code	Title	Hours
<b>Specialization Courses</b>		
CEFS 670	Comprehensive Exam - CPCE <sup>1</sup>	0
CEFS 671	Comprehensive Exam - Integration <sup>1</sup>	0
COUC 604	Crisis Counseling	3
COUC 667	Clinical Diagnosis and Treatment Planning	3
COUC 691	Substance Abuse: Diagnosis, Treatment and Prevention	3
COUC 692	Counseling Practicum	3
COUC 693	Counseling Internship I	3
COUC 694	Counseling Internship II <sup>2</sup>	3
<b>Total Hours</b>		<b>18</b>

<sup>1</sup> Counseling Comprehensive Exam prerequisites: COUC 500, COUC 501, COUC 502, COUC 504, COUC 505, COUC 506, COUC 510, COUC 512, COUC 515, COUC 521, COUC 522, COUC 546, COUC 667

<sup>2</sup> COUC 694 may be taken a second time

Code	Title	Hours
<b>Elective Courses</b>		
Elective <sup>1</sup>		3
<b>Total Hours</b>		<b>3</b>

<sup>1</sup> Choose one of the following courses: COUC 791, COUC 792, or any 500-700 level CEFS, COUC, CRIS, or SUBS course

*All applicable prerequisites must be met*

## Graduation Requirements

- Complete 60 total hours
- A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level
- 3.0 GPA
- No more than 2 grades of C may be applied to the degree (includes grades of C+ & C-)
- No grade of D or below may be applied to the degree (includes grades of D+ & D-)
- Successful completion of Comprehensive Exam
- Liberty University course work that is more than 10 years old may not be applied towards this degree. Students are required to repeat the course if it has exceeded the age limit
- Degree must be completed within 7 years
- Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

## Program Offered in Resident & Online Format Course Sequence

Course	Title	Hours
<b>First Year</b>		
<b>First Semester</b>		
COUC 500	Orientation to Counselor Professional Identity and Function	3
COUC 501	Ethical and Legal Issues in Counseling	3
COUC 502	Human Growth and Development	3
COUC 504	Multicultural Counseling	3
	<b>Hours</b>	<b>12</b>
<b>Second Semester</b>		
COUC 505	Counseling Techniques and the Helping Relationship	3
COUC 506	Integration of Spirituality and Counseling	3
COUC 510	Theories of Counseling	3
COUC 515	Research and Program Evaluation	3
	<b>Hours</b>	<b>12</b>

Course	Title	Hours
<b>Second Year</b>		
<b>First Semester</b>		
COUC 512	Group Counseling	3
COUC 521	Assessment Techniques in Counseling	3
COUC 522	Career Development and Counseling	3
COUC 546	Psychopathology	3
<b>Hours</b>		<b>12</b>
<b>Second Semester</b>		
COUC 601	Theories of Family Systems	3
COUC 667	Clinical Diagnosis and Treatment Planning	3
COUC 691	Substance Abuse: Diagnosis, Treatment and Prevention	3
COUC 692	Counseling Practicum	3
<b>Hours</b>		<b>12</b>
<b>Third Year</b>		
<b>First Semester</b>		
COUC 604	Crisis Counseling	3
CEFS 670	Comprehensive Exam - CPCE <sup>1</sup>	0
CEFS 671	Comprehensive Exam - Integration <sup>1</sup>	0
COUC 693	Counseling Internship I	3
<b>Hours</b>		<b>6</b>
<b>Second Semester</b>		
COUC 694	Counseling Internship II <sup>2</sup>	3
Elective <sup>3,4</sup>		3
<b>Hours</b>		<b>6</b>
<b>Total Hours</b>		<b>60</b>

<sup>1</sup> Counseling Comprehensive Exam prerequisites: COUC 500, 501, 502, 504, 505, 506, 510, 512, 515, 521, 522, 546 and 667

<sup>2</sup> COUC 694 may be taken a second time

<sup>3</sup> Choose one of the following courses: COUC 791, 792, or any 500-700 level CEFS, COUC, CRIS, LIFC, or SUBS course

<sup>4</sup> COUC 602, 603, 610, 611 & 620 can be used to fulfill the 60 hour requirement for LPC in VA. These courses can be taken after the 4th semester (as long as COUC 601 is completed by this time), and may or may not be one-week intensives